

Racial Equity Resources
Updated 6-8-20

We invite you during this 21 day period to choose one thing to watch, listen to, read or do each day from the resources below, or other resources you find. The resources here were adapted from other lists. This is just the beginning of our journey, but it is a place to start.

We are grateful for participating churches which include:

Alamance Presbyterian Church, Greensboro NC
First Presbyterian Church, Boone NC
Rumple Memorial Presbyterian Church, Blowing Rock NC
Starmount Presbyterian Church, Greensboro NC
UKirk Campus Ministries – Greensboro NC
Westminster Presbyterian Church, Greensboro NC

Other churches and individuals are invited to join us or adapt this list for their purposes.

Watch

Statement on Racial Violence from J. Herbert Nelson

<https://vimeo.com/424168164>

Jonathan Walton – Dean of the Wake Forest Divinity School

<https://twitter.com/wakediv/status/1267170492403810304?s=21>

Privilege/Class/Social Inequalities Explained in a \$100 Race (4 min)

<https://www.youtube.com/watch?v=4K5fbQ1-zps>

How to Deconstruct Racism, One Headline at a time Baratunde Thurston

https://www.youtube.com/watch?v=RZgkjEdMbSw&fbclid=IwAR2G_Cw5GOurt-FtKWKB6BkVayLL7vPXMFlu0_aPlvImwjF0wVM8SSgU

Trevor Noah Commentary (18:12 min)

https://www.youtube.com/watch?v=v4amCfVbA_c

Tyler Merrit Project: Before You Call (3 minutes)

Riot is the Language of the Unheard, Martin Luther King, Jr. (2:45 min)

<https://www.youtube.com/watch?v=A-lWsXKRbel>

“It is as necessary for me to be as vigorous in condemning the conditions which cause people to feel they must engage in riotous activity as it is for me to condemn riots.” — Martin Luther King Jr.

Debunking The Most Common Myths White People Tell About Race, Robin D’Angelo (3:47min)

<https://www.youtube.com/watch?v=wjHg65JORi8>

“I don’t see color’ is really a way to say ‘I refuse to acknowledge your reality’” — Robin DiAngelo

[The Disturbing History of the Suburbs](#) (6-minute show that tells, with humor, how redlining came to be.)
“It’s just the way things ARE here” — from an “Adam Ruins Everything” episode on tru TV

[Racism is Real](#), (3-min depicting differences in white and black experiences)

[All Houses Matter](#) (1-minute Spoof on the Black Lives Matter/All Lives Matter debate)
“Wouldn’t it upset you if instead, people kept telling you that ‘all houses matter equally,’ if yours was the one burning? — Given Sharp

[Birth of a White Nation](#), Keynote speech by legal scholar Jacqueline Battalora, offers a blow-by-blow description of the moment the idea of, and word for, “white” people entered U.S. legal code. (36 minutes)

[How to overcome our biases? Walk boldly toward them](#), TED Talk by Vernā Myers, encourages work vigorously to counter balance bias by connecting with and learning about and from the groups we fear. (19 minutes)

[The danger of a single story](#), TED Talk by Chimamanda Adiche, offers insight to the phenomenon of using small bits of information to imagine who a person is. (18 minutes)

[How to deconstruct racism, one headline at a time](#), TED Talk by Baratunde Thurston that explores patterns revealing our racist framing, language, and behaviors. (10 minutes)

Movies and Documentaries

Just Mercy (You can rent "Just Mercy" for free in June through a variety of digital movie services in the US, including [Apple TV](#), [FandangoNow](#), [Google Play](#), [Amazon Prime Video](#), [Redbox](#), the PlayStation Store, [Vudu](#), [Microsoft](#), and [YouTube](#).)

[13th](#), Netflix documentary by Ava DuVernay about the connection between US Slavery and the present day mass incarceration system. (1 hour, 40 minutes)

Fruitvale Station (2013) on Netflix

Do the Right Thing (Spike Lee, 1989)

Listen

[Scene on Radio – Seeing White Series](#), 14 episodes, host John Biewen and collaborator Chenjerai Kumanyika

[TED Radio Hour – Mary Bassett: How Does Racism Affect Your Health?](#) host Guy Raz speaks with Dr. Mary T. Bassett, Director of the FXB Center for Health and Human Rights at Harvard University

[*Here & Now – Without Slavery, Would The U.S. Be The Leading Economic Power?*](#) host Jeremy Hobson and author Edward Baptist

[*Pod Save the People*](#), Activism. Social Justice. Culture. Politics. On Pod Save the People, organizer and activist DeRay Mckesson

Mindfulness and Racism

<https://www.mindful.org/a-conversation-on-mindfulness-bias-and-racial-justice/>

[*Black Americans Bear The Brunt Of The COVID-19 Pandemic's Economic Impact*](#) 3-minute NPR story
“Black Americans constitute about 13% of the U.S. population. But they hold less than 3% of the country's wealth. And that means many African Americans can't afford to stop working.” — Stacey Vanek Smith

Read

Statement by Dr. Brian Blount – President of Union Presbyterian Seminary

<https://www.upsem.edu/newsroom/statement-from-president-blount-on-the-death-of-george-floyd/>

UNCG Chancellor's Comments

https://chancellor.uncg.edu/posts/chancellor_messages/a-message-from-the-chancellor-2/

[*Climbing the White Escalator*](#), by Betsy Leondar-Wright

[*Understanding the Racial Wealth Gap*](#), by Amy Traub, Laura Sullivan, Tatjana Mescheded, & Tom Shapiro

[*White Privilege: Unpacking the Invisible Knapsack*](#), by Peggy McIntosh

[*Who Gets to Be Afraid in America?*](#), by Ibram X Kendi or the book [*How to be an Anti-Racist*](#) by same author

[*Highly-segregated areas of poverty on the rise in Greensboro*](#) Triad City Beat article,
“According to the [recently released housing] [report](#), these areas [of poverty in Greensboro] are mostly made up of black people - around 82 percent” — Sayaka Matsuoka

[*Opinion: What if There Were No George Floyd Video?*](#) NY Times column

“Even when racism doesn't go viral, it's still deadly.” — Nicholas Kristof

[*The Average Black Family Would Need 228 Years to Build the Wealth of a White Family Today*](#) Joshua Holland writing for The Nation

“We have a deep legacy of wealth inequality that undermines the whole idea that we have a meritocracy—that there's an equal playing field.” — Chuck Collins

[Whiteness](#) National Museum of African American History & Culture article

“In this country, American means white. Everybody else has to hyphenate.” — Toni Morrison

[3 White Privilege Blind Spots in Boston That Are Keeping Us Racist](#) Medium.com

“White privilege doesn’t mean your life hasn’t been hard; it means that your skin color isn’t one of the things making it harder.” — Julie Devaney Hogan and Erik Devaney

[Climbing the White Escalator](#)

“Government boosts for white people were invisible to my father.” — Betsy Leondar-Wright

“Wouldn’t it upset you if instead, people kept telling you that ‘all houses matter equally,’ if yours was the one burning? — Given Sharp

[The Disproportionate Risks of Driving While Black](#) October 2015 NY Times article by Sharon LaFraniere and Andrew W. Lehren, , which examines Greensboro’s record of traffic stops.

“Every time I see a police officer, I get a cold chill. . . . Even if I needed one, I wouldn’t call one.” — African-American Greensboro native James Fields

[When jail becomes normal](#) NY Times daily newsletter “

The rise of mass incarceration over the last half-century has turned imprisonment into a dominant feature of modern life for black Americans.” — David Leonhardt

[Greensboro police halt minor traffic stops in response to racial disparity concerns](#) November 2015 Greensboro News & Record article

“The Greensboro Police Department will no longer initiate traffic stops for minor infractions such as broken headlights or tail lights, one of a host of changes being implemented to address racial disparities in the city’s dealings with the public.” — Kate Elizabeth Queram

[Frisking of young runner should not have happened](#) June 2020 News & Record opinion piece

“We, as a city, must do better. That means working to ensure that persons are not needlessly stopped and frisked in accord with purported city policy, procedures and practices.” — Justin Outling, GSO City Council

Act

Articles regarding actions:

[Guide to Allyship](#), Created by Amélie Lamont

“Saying you’re an ally [of blacks] is much easier than actually being an ally.” — Amélie Lamont

King’s [Letter from the Birmingham Jail](#) , addressed to local clergy.

“We will have to repent in this generation not merely for the hateful words and actions of the bad people but for the appalling silence of the good people.” — Martin Luther King Jr.

Article from Yes!, [It’s Not Just the South: Here’s How Everyone Can Resist White Supremacy](#)

“We have the power to do these things regardless of who is in the White House.” — Sarah Van Gelder

Article on Medium.com, [75 Things White People Can Do for Racial Justice](#)

“Google whether your city or town currently employs evidence-based police de-escalation trainings.” — one of 75 suggestions from Corinne Shutack

Resources from the North Carolina Center for Justice

[26 other ways to be a part of the struggle](#)

[11 things you can do to support Black Lives Matter](#)

[Open Minds, Respectful Voices](#) – a guide to healthy conversations

Suggested Actions:

- Join the NAACP, one of the oldest and most active civil rights organizations in the country. <https://naacpnc.org/become-a-member/>
- Donate to a local or national nonprofit that is working for racial equity. Two suggestions:
 - NCCJ of the Piedmont Triad, a local nonprofit that works "to build communities free of bias, bigotry and racism by promoting understanding and respect among all cultures, races and religions." NCCJ is well known for its "Anytown" camp for teens and <https://www.nccjtriad.org/donate/>
 - Faith Action - serves immigrant and refugee communities and works to "turn strangers into neighbors." <https://faihouse.networkforgood.com/projects/77763-donate-to-faithaction>
- Patronize an African-American-owned business or research the positions of businesses where you spend your dollars.
- Make a yard, window or car sign to show your support for the Black Lives Matter movement.
- Participate in a protest, march, prayer session or vigil in person or online.
- Write or call your elected officials to share your views

Children and Families

Please remember that in using ANY of these resources, starting with and using these facts will support you:

- God is good
- God created all things good
- We are ALL created in God’s image
- GOD LOVES US – ALL OF US
- We are to: Love God and Love Our Neighbors As Ourselves!

INITIAL HELPS FOR PARENTS:

*EXCELLENT chart of what children are and do ‘catch’ re: race and at what ages:

https://d13b20c8-be4f-4f53-8fa8-e12dbb31f8d7.filesusr.com/ugd/e6152f_3749812f330d479da6da72c79f82c007.pdf

Parent Tool Kit: “How to Talk to Kids About Race and Racism”

<https://www.parenttoolkit.com/social-and-emotional-development/advice/social-awareness/how-to-talk-to-kids-about-race-and-racism>

How to Talk to Kids about Racism

<https://www.washingtonpost.com/lifestyle/2020/06/03/how-do-families-talk-about-racism-with-their-kids/>

How black and white families are talking about racism in a time of reckoning - The Washington Post

<https://www.washingtonpost.com/lifestyle/2020/06/03/how-do-families-talk-about-racism-with-their-kids/>

Parent Map: *How to Talk to Kids About Race...Experts offer 8 approaches to broaching the topic*

<https://www.parentmap.com/article/how-to-talk-to-kids-about-race-racism>

Justice – by the Bible Project – 6 min video on Biblical Justice at

<https://bibleproject.com/explore/justice/>

abcNEWS *America In Pain: What Comes Next?* (1 Hour) For Parents

<https://abcnews.go.com/US/video/america-pain-hour-special-premiers-tonight-98c-abc-71009887> this is the ad for it (aired 1st week of June...and was excellent!). ...it will be released online on June 10. ...possibly at this link: <https://abc.com/shows/abc-news-specials/episode-guide/2020-06/02-america-in-pain-what-comes-next>

3-minute animated video from *The Atlantic*, [How to Talk to Kids About Race](#).

“The worst conversation adults can have with kids about race is no conversation at all,” — Jemar Tisby.

Booklet [Beyond the Golden Rule: A Parent's Guide to Preventing and Responding to Prejudice](#), a project of the Southern Poverty Law Center

“These conversations are rarely easy, and sometimes we don’t have answers.” — Dana Williams

4-minute video from CBC Radio-Canada, [Parents face difficult conversations with children after George Floyd’s death](#)

“I just want my kid to grow up, to be old.” — Melanie Carrington, parent of a child of color

*www.doinggoodtogether.org :

<https://www.doinggoodtogether.org/bhf/celebrate-diversity>

<https://www.doinggoodtogether.org/dgts-antiracist-resource-collection>

Good issues on racism and other outreach ideas.

Eye See Me

https://www.eyeseeme.com/?fbclid=IwAR2NviZggy4OKpv3jUOifB1fJI1qzVt2_ISNke3mKJvE6zMEyv7YPKp6rfI books and other resources for all ages!

For raising anti-racist children: <https://www.eyeseeme.com/collections/raising-antiracist-children>

Our mission is to be a resource to parents, teachers, and schools in providing the very best children's books on the market that promote positive images and stories about African American culture and history. ...Non-African American children will benefit by helping to dispel negative and inaccurate stereotypical images of people of color and that despite our many differences, all people share common feelings and aspirations.

Podcasts:

Talking to White Kids About Race & Racism – Safe Space Radio

<https://safespaceaudio.com/talking-to-white-kids-about-race-racism/>

This hour-long program is about talking to white kids about race and racism: how white parents, families, and teachers can learn to show up for racial justice in a way that will make a difference for generations to come.

Books for Children

A is for Activist by Innosanto Nagara board book for the youngest of children

https://www.amazon.com/Activist-Innosanto-Nagara/dp/1609805399/ref=sr_1_2?crd=3K9B2NSD75IKS&dchild=1&keywords=a+is+for+activist&qid=1591219505&s=books&sprefix=a+is+fo%2Cstripbooks%2C171&sr=1-2

*We're Different, We're the Same (Sesame Street) by Bobbi Kates

https://www.amazon.com/Were-Different-Sesame-Street-Pictureback/dp/0679832270/ref=sr_1_2?crd=138WQ99IFTBYV&dchild=1&keywords=we+are+the+same+we+are+different&qid=1591219551&s=books&sprefix=we+are+the+same+we+are+%2Cstripbooks%2C158&sr=1-2

*We Are All Born Free: The Universal Declaration of Human Rights in Pictures. By Amnesty International

https://www.amazon.com/Are-All-Born-Free-Declaration/dp/1847806635/ref=sr_1_1?crd=2SQ8BHYZ14O6F&dchild=1&keywords=we+are+all+born+free&qid=1591219608&s=books&sprefix=we+are+all+bor%2Cstripbooks%2C155&sr=1-1

*God's Dream by Desmond Tutu

https://www.amazon.com/Gods-Dream-Archbishop-Desmond-Tutu/dp/0763633887/ref=tmm_hrd_swatch_0?encoding=UTF8&qid=1591613122&sr=1-1

Let's Talk about Race by Julius Lester

https://www.amazon.com/Lets-Talk-About-Julius-Lester/dp/0064462269/ref=sr_1_1?crd=1MA3CESF1ID3M&dchild=1&keywords=let%27s+talk+about+ra ce&qid=1591219766&s=books&sprefix=let%27s+talk+abo%2Cstripbooks%2C663&sr=1-1

Most People by Michael Leannah

https://www.amazon.com/Most-People-Michael-Leannah/dp/0884485544/ref=sr_1_1?dchild=1&keywords=most+people&qid=1591296058&sr=8-1

*Not My Idea: A Book About Whiteness by Anastasia Higginbotham

https://www.amazon.com/Not-My-Idea-Whiteness-Ordinary-ebook/dp/B08917VM2P/ref=sr_1_1?crd=1EHJ3GGB4294G&dchild=1&keywords=not+my+idea+a+book+about+whiteness&qid=1591220502&s=digital-text&sprefix=Not+my+idea%2Cdigital-text%2C163&sr=1-1

*Who We Are!: All About Being the Same and Being Different (Let's Talk about You and Me) -

https://www.amazon.com/Who-We-Are-About-Different/dp/0763669032/ref=sr_1_3?crd=2AQX9XEWV200&dchild=1&keywords=who+we+are+all+about+being+the+same&qid=1591221290&sprefix=who+we+are+all+abou%2Caps%2C157&sr=8-3

*White Flour – by David Lamotte. Based on a true story, a satirical, lively story of confronting the KKK.

https://www.amazon.com/White-Flour-David-LaMotte/dp/097728932X/ref=sr_1_1?dchild=1&keywords=white+flour&qid=1591290568&s=books&sr=1-1 AND - <https://www.davidlamotte.com/white-flour/>

*Psalm Twenty-Three – illustrated by Tim Ladwig https://www.amazon.com/Psalm-Twenty-Three-Tim-Ladwig/dp/0802851630/ref=pd_bxgy_img_2/147-8475751-7738807?encoding=UTF8&pd_rd_i=0802851630&pd_rd_r=a69f2db1-90da-4167-9724-18a28550be6a&pd_rd_w=TAJ7N&pd_rd_wg=y1QGp&pf_rd_p=4e3f7fc3-00c8-46a6-a4db-8457e6319578&pf_rd_r=D85M5B3TMXJY6SX360JM&psc=1&refRID=D85M5B3TMXJY6SX360JM

*The Lord's Prayer – illustrated by Tim Ladwig

https://www.amazon.com/gp/product/0802852386/ref=dbs_a_def_rwt_bibl_vppi_i1

Children's Picture Books:

- Something Happened in Our Town by Marianne Celano, Marietta Collins, and Ann Hazzard
- The Day You Begin by Jaqueline Woodson ???
- Thank you, Omu (not addressing racism but a beautifully book exposing white children to a different race and culture)
- Brian the Brave
- Preaching to Chickens: How Civil Rights Legend John Lewis's Humble Childhood Incubated His Heroic Life

Youth and Families

ARTICLES

- George Floyd. Ahmaud Arbery. Breonna Taylor. What do we tell our children? *USA Today* <https://www.usatoday.com/story/news/nation/2020/05/31/how-talk-kids-racism-racial-violence-police-brutality/5288065002/>
- **Race/Related** *New York Times* <https://www.nytimes.com/spotlight/race>

- **The Nation:** [The Average Black Family Would Need 228 Years to Build the Wealth of a White Family Today.](#)
- <https://www.thenation.com/article/archive/the-average-black-family-would-need-228-years-to-build-the-wealth-of-a-white-family-today/>

WEBSITES

- The National Museum of African American History and Culture
<https://nmaahc.si.edu/learn/talking-about-race>
- The Institute for Youth Ministry – Princeton Theological Seminary
http://iym.ptsem.edu/resources/engage/talking-race-with-youth/?fbclid=IwAR2ChKBeLHWggtVaMGroqiDwHqxAASP2Tb2-MyMbpoevzN_oNSBJ-e1aDE
- Be the Bridge Youth <https://bethebridge.com/youth/>
- <https://cindywangbrandt.com/podcasts/> particularly podcast #78

MOVIES

- “Just Mercy”
- “I Am”
- “13th”
- “The Hate You Give”

VIDEOS

- So You Want to Talk About Race video from Ijeoma Oluo — book of the same name linked below <https://www.youtube.com/watch?v=TnybJZRWipg>

BOOKS

- *Raising White Kids: Bringing Up Children in a Racially Unjust America* by Dr. Jennifer Harvey
- *My Name is Child of God... Not “Those People”*: A First Person Look at Poverty by Julie Dinsmore
- *God’s Dream* by Desmond Tutu
- *A Kid’s Book About Race and Racism* by Erin Winkler
- *Talking About Race and Racism* by Ijeoma Oluo
- *Lest We Forget: Children Are Watching* by Nia Heard-Garris
- *More Than Words: 10 Values for Modern Families* by Erin Wathen
- *All American Boys* by Jason Reynolds and Brendan Kiely (strong language)
- *The Hate U Give* by Angie Thomas
- *Monster* by Walter Dean Meyers
- *Miles Morales: Spiderman* by Jason Reynolds

*For additional YA and Children’s books that address racism and include characters of color:

- Well Read Black Girl <http://www.wellreadblackgirl.com/reading-list> (this includes mostly YA and adult titles across all genres, all of which are penned by women of color)
- We Need Diverse Books <https://diversebooks.org>
- African American Literature Book Club’s list of ALL Coretta Scott King Award winners and honorees: <https://aalbc.com/books/csk-list.php>